



1. Abbel-Lauf des TSV Berkersheim

Frankfurt Berkersheim / 07.09.2014

Detailed evaluation

Nitsche, Michael

Total time: 27:56

Number: 29

Speed: 10.74 km/h

Running performance: 5:35 min/km

Course: 5.00 km

Rank in course/Total: 9 (of 27)

Jedermannlauf

Rank in course/Men: 8 (of 17)

Best time in course: 23:41

Category:

Rank in category: 5(of 8)

Senioren M40 (40-49 Jahre)

Best time in the category: 24:32