



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Rühling, Christoph

Club: RS Treffurt 8a

Number: 4173

Course: 1.70 km

Schnupperkurs

Category:

männliche Jugend U14 (12-13 Jahre)

Total time: 13:16

Speed: 4.52 km/h

Running performance: 7:48 min/km

Rank in course/Total: 108 (of 157)

Rank in course/Men: 63 (of 78)

Best time in course: 7:10

Rank in category: 7(of 13)

Best time in the category: 7:11