



11. Trefffurter Stadtlauf  
Treffurt / 13.09.2014

Detailed evaluation

Schade, Lisa

Club: RS Treffurt 8a  
Number: 4179

Course: 1.70 km  
Schnupperkurs

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 15:57

Speed: 3.76 km/h  
Running performance: 9:23 min/km

Rank in course/Total: 149 (of 157)

Rank in course/Women: 74 (of 79)

Best time in course: 7:18

Rank in category: 9(of 9)

Best time in the category: 8:05