



## 11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

### Detailed evaluation

Hiese, Cara

Club: SV Creaton

Number: 4662

Course: 1.70 km

Schnupperkurs

Category:

weibliche Jugend U14 (12-13 Jahre)

Total time: 8:36

Speed: 6.98 km/h

Running performance: 5:04 min/km

Rank in course/Total: 16 (of 157)

Rank in course/Women: 7 (of 79)

Best time in course: 7:18

Rank in category: 2(of 9)

Best time in the category: 8:05