



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Meurer, Ingo

Club: Die Flinken Gerataler/SV Olympia Neustadt
Number: 5060

Course: 10.60 km

Geländelauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 43:45

Speed: 13.71 km/h

Running performance: 4:17 min/km

Rank in course/Total: 21 (of 149)

Rank in course/Men: 21 (of 115)

Best time in course: 35:35

Rank in category: 2(of 18)

Best time in the category: 42:12