



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Löppen, Reinhard

Club: SV-EMSETAL

Number: 5058

Course: 10.60 km

Geländelauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 45:48

Speed: 13.10 km/h

Running performance: 4:29 min/km

Rank in course/Total: 33 (of 149)

Rank in course/Men: 32 (of 115)

Best time in course: 35:35

Rank in category: 2(of 18)

Best time in the category: 45:37