



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Walther, Lydia

Club: RLV/LG Süd

Number: 5143

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 46:06

Speed: 13.80 km/h

Running performance: 4:31 min/km

Rank in course/Total: 34 (of 149)

Rank in course/Women: 2 (of 34)

Best time in course: 44:34

Rank in category: 1(of 5)

Best time in the category: 46:06