



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Martin, Andreas

Club: Sv blau-Weiß 90 Ceuzburg

Number: 5146

Course: 10.60 km

Geländelauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 47:50

Speed: 12.54 km/h

Running performance: 4:41 min/km

Rank in course/Total: 42 (of 149)

Rank in course/Men: 40 (of 115)

Best time in course: 35:35

Rank in category: 2(of 7)

Best time in the category: 44:18