



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Reinz, Michael

Club: SV Normania Treffurt

Number: 5083

Course: 10.60 km

Geländelauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 50:11

Speed: 11.96 km/h

Running performance: 4:55 min/km

Rank in course/Total: 51 (of 149)

Rank in course/Men: 48 (of 115)

Best time in course: 35:35

Rank in category: 7(of 18)

Best time in the category: 42:12