



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Meissner, Sven

Club: SV Normania Treffurt

Number: 5118

Course: 10.60 km

Geländelauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 50:58

Speed: 11.77 km/h

Running performance: 5:00 min/km

Rank in course/Total: 57 (of 149)

Rank in course/Men: 54 (of 115)

Best time in course: 35:35

Rank in category: 3(of 7)

Best time in the category: 44:18