



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Greiner, Jens

Club: FSV 1950 Gotha

Number: 5028

Course: 10.60 km

Geländelauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 51:05

Speed: 11.75 km/h

Running performance: 5:01 min/km

Rank in course/Total: 58 (of 149)

Rank in course/Men: 55 (of 115)

Best time in course: 35:35

Rank in category: 6(of 18)

Best time in the category: 45:37