



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Hoßbach, Stefan

Club: Rittmannshausen

Number: 5339

Course: 5.00 km

Geländelauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 26:06

Speed: 11.49 km/h

Running performance: 4:45 min/km

Rank in course/Total: 25 (of 101)

Rank in course/Men: 17 (of 68)

Best time in course: 19:31

Rank in category: 1(of 3)

Best time in the category: 26:06