



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Senf, Michael

Club: SV Normania Treffurt

Number: 5095

Course: 10.60 km

Geländelauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 51:37

Speed: 11.62 km/h

Running performance: 5:04 min/km

Rank in course/Total: 62 (of 149)

Rank in course/Men: 58 (of 115)

Best time in course: 35:35

Rank in category: 6(of 10)

Best time in the category: 41:51