



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Warken-Steube, Nadine

Club: Eschweger TSV

Number: 5407

Course: 5.00 km

Geländelauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 26:51

Speed: 11.17 km/h

Running performance: 4:53 min/km

Rank in course/Total: 31 (of 101)

Rank in course/Women: 11 (of 33)

Best time in course: 22:36

Rank in category: 1(of 4)

Best time in the category: 26:51