



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Kämper, Anke

Club: fit & run

Number: 5052

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 52:25

Speed: 11.45 km/h

Running performance: 5:08 min/km

Rank in course/Total: 67 (of 149)

Rank in course/Women: 7 (of 34)

Best time in course: 44:34

Rank in category: 1(of 3)

Best time in the category: 52:25