



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Ludwig, Dennis

Club: RS Treffurt 7a

Number: 5349

Course: 5.00 km

Geländelauf

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 29:24

Speed: 10.20 km/h

Running performance: 5:21 min/km

Rank in course/Total: 41 (of 101)

Rank in course/Men: 29 (of 68)

Best time in course: 19:31

Rank in category: 6(of 18)

Best time in the category: 21:03