



## 11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

### Detailed evaluation

#### Creutzburg, Nancy

Club: Fatfighters

Number: 5133

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 55:28

Speed: 10.82 km/h

Running performance: 5:26 min/km

Rank in course/Total: 90 (of 149)

Rank in course/Women: 13 (of 34)

Best time in course: 44:34

Rank in category: 3(of 7)

Best time in the category: 51:58