



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Lugauer, Dietmar

Club: FSV 1950 Gotha

Number: 5057

Course: 10.60 km

Geländelauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:29

Speed: 10.81 km/h

Running performance: 5:26 min/km

Rank in course/Total: 91 (of 149)

Rank in course/Men: 78 (of 115)

Best time in course: 35:35

Rank in category: 14(of 18)

Best time in the category: 45:37