



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Poller, Peter

Club: Laufftreff Breitungen

Number: 5077

Course: 10.60 km

Geländelauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 56:30

Speed: 10.62 km/h

Running performance: 5:32 min/km

Rank in course/Total: 99 (of 149)

Rank in course/Men: 85 (of 115)

Best time in course: 35:35

Rank in category: 16(of 18)

Best time in the category: 45:37