



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Anschütz, Saskia

Club: FSV 1950 Gotha e.V.

Number: 5003

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 56:59

Speed: 10.53 km/h

Running performance: 5:35 min/km

Rank in course/Total: 100 (of 149)

Rank in course/Women: 15 (of 34)

Best time in course: 44:34

Rank in category: 4(of 8)

Best time in the category: 48:33