



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Mainzer, Tino

Club: SV 1921 Diedorf

Number: 5152

Course: 10.60 km

Geländelauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 57:18

Speed: 10.47 km/h

Running performance: 5:37 min/km

Rank in course/Total: 103 (of 149)

Rank in course/Men: 88 (of 115)

Best time in course: 35:35

Rank in category: 5(of 7)

Best time in the category: 44:18