



## 11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

### Detailed evaluation

Häßler, Alexander

Club: SV Normania Treffurt

Number: 5405

Course: 5.00 km

Geländelauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 32:14

Speed: 9.31 km/h

Running performance: 5:52 min/km

Rank in course/Total: 60 (of 101)

Rank in course/Men: 40 (of 68)

Best time in course: 19:31

Rank in category: 2(of 2)

Best time in the category: 25:09