



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Zelle, Monique

Club: Dream Team Ilmenau

Number: 5114

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 59:35

Speed: 10.07 km/h

Running performance: 5:50 min/km

Rank in course/Total: 115 (of 149)

Rank in course/Women: 21 (of 34)

Best time in course: 44:34

Rank in category: 5(of 7)

Best time in the category: 51:58