



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Temmler, Silke

Club: SV Normania Treffurt

Number: 5099

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 59:44

Speed: 10.04 km/h

Running performance: 5:52 min/km

Rank in course/Total: 117 (of 149)

Rank in course/Women: 22 (of 34)

Best time in course: 44:34

Rank in category: 6(of 8)

Best time in the category: 48:33