



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Göring, Matthias

Club: Weimar

Number: 5030

Course: 10.60 km

Geländelauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:01:35

Speed: 10.33 km/h

Running performance: 6:02 min/km

Rank in course/Total: 125 (of 149)

Rank in course/Men: 99 (of 115)

Best time in course: 35:35

Rank in category: 8(of 8)

Best time in the category: 41:04