



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Haferanke, Manfred

Club: Lauffreunde Gotha

Number: 5154

Course: 10.60 km

Geländelauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:02:25

Speed: 9.61 km/h

Running performance: 6:07 min/km

Rank in course/Total: 130 (of 149)

Rank in course/Men: 102 (of 115)

Best time in course: 35:35

Rank in category: 7(of 8)

Best time in the category: 45:10