



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Ellerkamm, Jürgen

Club: SV Kyffhäuser

Number: 5021

Course: 10.60 km

Geländelauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:02:36

Speed: 10.16 km/h

Running performance: 6:08 min/km

Rank in course/Total: 131 (of 149)

Rank in course/Men: 103 (of 115)

Best time in course: 35:35

Rank in category: 2(of 3)

Best time in the category: 51:18