



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Hanft, Beate

Club: Lauffreunde Gotha

Number: 5148

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:03:47

Speed: 9.41 km/h

Running performance: 6:15 min/km

Rank in course/Total: 137 (of 149)

Rank in course/Women: 31 (of 34)

Best time in course: 44:34

Rank in category: 2(of 3)

Best time in the category: 53:40