



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Bäster, Manfred

Club: SC-Impuls

Number: 5011

Course: 10.60 km

Geländelauf

Category:

Senioren M75 (75-79 Jahre)

Total time: 1:08:07

Speed: 8.81 km/h

Running performance: 6:41 min/km

Rank in course/Total: 144 (of 149)

Rank in course/Men: 112 (of 115)

Best time in course: 35:35

Rank in category: 3(of 3)

Best time in the category: 51:18