



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Poller, Evelyn

Club: Laufftreff Breitungen

Number: 5076

Course: 10.60 km

Geländelauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:09:08

Speed: 8.68 km/h

Running performance: 6:47 min/km

Rank in course/Total: 146 (of 149)

Rank in course/Women: 33 (of 34)

Best time in course: 44:34

Rank in category: 8(of 8)

Best time in the category: 48:33