



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Lesser, Holger

Club: Gotha

Number: 5056

Course: 10.60 km

Geländelauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:16:15

Speed: 7.87 km/h

Running performance: 7:29 min/km

Rank in course/Total: 147 (of 149)

Rank in course/Men: 114 (of 115)

Best time in course: 35:35

Rank in category: 18(of 18)

Best time in the category: 45:37