



11. Trefffurter Stadtlauf

Treffurt / 13.09.2014

Detailed evaluation

Quack, Ellen

Club: SV Normania Treffurt

Number: 5401

Course: 5.00 km

Geländelauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 53:24

Speed: 5.62 km/h

Running performance: 9:43 min/km

Rank in course/Total: 101 (of 101)

Rank in course/Women: 33 (of 33)

Best time in course: 22:36

Rank in category: 1(of 1)

Best time in the category: 53:24