



11. Trefffurter Stadtlauf  
Treffurt / 13.09.2014

Detailed evaluation

**Koske, Christian**

Club: Humboldt-Gymnasium Weimar  
Number: 5047

Course: 10.60 km  
Geländelauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 1:18:41

Speed: 7.63 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 149 (of 149)

Rank in course/Men: 115 (of 115)

Best time in course: 35:35

Rank in category: 5(of 5)

Best time in the category: 57:13