



4. Hexengrund Triathlon

Engerda / 13.09.2014

Detailed evaluation

Seidel, Gunnar

Total time: 2:23:10

Club: Skiklub Oker

Number: 34

Course: 37.00 km

Rank in course/Total: 42 (of 56)

Hexengrund-Triathlon 0,5-29,0-7,5

Rank in course/Men: 36 (of 45)

Best time in course: 1:38:12

Category:

Rank in category: 5(of 5)

TM 50, Senioren 3

Best time in the category: 1:38:12

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.50	10:55	21:49	3	2:38	9	2:38	0.50	10:55	21:49	5	2:38	22	
Rad	29.00	1:26:13	2:58	5	26:30	37	32:43	29.50	1:37:08	3:17	5	29:08	22	
Lauf	7.50	46:02	6:08	5	15:52	43	36:13	37.00	2:23:10	3:52	5	44:58	36	44:58