



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Schröder, Steffen

Total time: 59:43

Number: 410

Speed: 10.05 km/h

Running performance: 5:58 min/km

Course: 10.00 km

Rank in course/Total: 96 (of 109)

Lange Strecke

Rank in course/Men: 80 (of 89)

Best time in course: 32:30

Category:

Rank in category: 9(of 10)

Senioren M35 (35-39 Jahre)

Best time in the category: 40:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	14:17	5:42	9	4:19	84	6:16	2.50	14:17	5:42	6	4:11	35	2:16
Runde	2.50	14:39	5:51	9	4:31	83	6:25	5.00	28:56	5:47	6	8:42	35	5:08
Runde	2.50	15:15	6:05	9	4:53	80	6:52	7.50	44:11	5:53	6	13:35	34	8:40
Finish	2.50	15:32	6:12	9	5:32	81	7:40	10.00	59:43	5:58	9	19:05	80	27:13