



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Pikarski, Jessica

Club: Einzelkämpfer

Number: 351

Course: 10.00 km

Lange Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 51:40

Speed: 11.61 km/h

Running performance: 5:10 min/km

Rank in course/Total: 77 (of 109)

Rank in course/Women: 10 (of 20)

Best time in course: 43:48

Rank in category: 4(of 6)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Runde	2.50	12:50	5:08	5	1:26	16	2:07	2.50	12:50	5:08	1	-	18	
Runde	2.50	13:15	5:17	4	1:37	12	2:27	5.00	26:05	5:13	1	-	18	
Runde	2.50	13:15	5:17	4	1:31	10	2:04	7.50	39:20	5:14	1	-	12	0:09
Finish	2.50	12:20	4:56	4	0:36	8	1:14	10.00	51:40	5:09	4	5:10	10	7:52