



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Hippler, Frank

Club: Erfurt
Number: 326

Course: 10.00 km
Lange Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 52:56

Speed: 11.34 km/h
Running performance: 5:17 min/km

Rank in course/Total: 84 (of 109)

Rank in course/Men: 71 (of 89)

Best time in course: 32:30

Rank in category: 13(of 17)

Best time in the category: 42:33

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	12:37	5:02	12	2:28	68	4:36	2.50	12:37	5:02	11		23	0:36
Runde	2.50	13:11	5:16	13	2:31	70	4:57	5.00	25:48	5:09	11		23	2:00
Runde	2.50	13:37	5:26	13	2:54	71	5:14	7.50	39:25	5:15	11		22	3:54
Finish	2.50	13:31	5:24	15	3:05	74	5:39	10.00	52:56	5:17	13	10:23	71	20:26