



# 1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

## Detailed evaluation

**Baumgärtel, Marco**

Club: Debeka

Number: 305

Course: 10.00 km

Lange Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 52:04

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 79 (of 109)

Rank in course/Men: 68 (of 89)

Best time in course: 32:30

Rank in category: 8(of 11)

Best time in the category: 39:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	12:24	4:57	7	3:19	66	4:23	2.50	12:24	4:57	6	2:41	18	0:23	
Runde	2.50	12:58	5:11	8	3:15	68	4:44	5.00	25:22	5:04	6	5:26	18	1:34	
Runde	2.50	13:17	5:18	8	2:50	68	4:54	7.50	38:39	5:09	6	8:09	17	3:08	
Finish	2.50	13:25	5:21	8	2:59	72	5:33	10.00	52:04	5:12	8	12:11	68	19:34	