



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Schröder, Bernd

Club: Erfurt
Number: 364

Course: 10.00 km
Lange Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 49:29

Speed: 12.13 km/h
Running performance: 4:57 min/km

Rank in course/Total: 69 (of 109)

Rank in course/Men: 62 (of 89)

Best time in course: 32:30

Rank in category: 1(of 1)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	11:46	4:42	1	-	54	3:45	2.50	11:46	4:42	1	-	16	
Runde	2.50	12:25	4:58	1	-	62	4:11	5.00	24:11	4:50	1	-	16	0:23
Runde	2.50	12:22	4:56	1	-	58	3:59	7.50	36:33	4:52	1	-	15	1:02
Finish	2.50	12:56	5:10	1	-	68	5:04	10.00	49:29	4:56	1	-	62	16:59