



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Finkbeiner, Florian

Club: Erfurt
Number: 316

Course: 10.00 km
Lange Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 47:47

Speed: 12.56 km/h
Running performance: 4:47 min/km

Rank in course/Total: 61 (of 109)

Rank in course/Men: 57 (of 89)

Best time in course: 32:30

Rank in category: 10(of 12)

Best time in the category: 32:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	12:13	4:53	10	4:12	61	4:12	2.50	12:13	4:53	7	4:12	15	0:12	
Runde	2.50	12:21	4:56	11	4:07	60	4:07	5.00	24:34	4:54	7	8:19	15	0:46	
Runde	2.50	12:06	4:50	9	3:43	51	3:43	7.50	36:40	4:53	7	12:02	14	1:09	
Finish	2.50	11:07	4:26	7	3:15	34	3:15	10.00	47:47	4:46	10	15:17	57	15:17	