



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Grell, Leo

Club: Erfurt
Number: 319

Course: 10.00 km
Lange Strecke

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 47:12

Speed: 12.71 km/h
Running performance: 4:43 min/km

Rank in course/Total: 54 (of 109)

Rank in course/Men: 52 (of 89)

Best time in course: 32:30

Rank in category: 4(of 5)

Best time in the category: 38:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	10:14	4:05	4	1:31	21	2:13	2.50	10:14	4:05	4	0:48	2		
Runde	2.50	11:29	4:35	4	2:47	42	3:15	5.00	21:43	4:20	4	2:04	2		
Runde	2.50	12:50	5:08	5	2:27	62	4:27	7.50	34:33	4:36	4	4:19	12		
Finish	2.50	12:39	5:03	4	2:39	63	4:47	10.00	47:12	4:43	4	8:46	52	14:42	