



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Walther, Christian

Club: Zella-Mehlis

Number: 382

Course: 10.00 km

Lange Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 48:35

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 65 (of 109)

Rank in course/Men: 59 (of 89)

Best time in course: 32:30

Rank in category: 11(of 12)

Best time in the category: 32:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	11:38	4:39	7	3:37	52	3:37	2.50	11:38	4:39	11	3:37	13	
Runde	2.50	12:11	4:52	10	3:57	58	3:57	5.00	23:49	4:45	11	7:34	13	0:01
Runde	2.50	12:32	5:00	11	4:09	61	4:09	7.50	36:21	4:50	11	11:43	43	0:50
Finish	2.50	12:14	4:53	11	4:22	58	4:22	10.00	48:35	4:51	11	16:05	59	16:05