



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Happe, Benjamin

Club: Erfurt
Number: 320

Course: 10.00 km
Lange Strecke

Category:
Männer (20-29 Jahre)

Total time: 55:06

Speed: 10.89 km/h
Running performance: 5:31 min/km

Rank in course/Total: 94 (of 109)

Rank in course/Men: 78 (of 89)

Best time in course: 32:30

Rank in category: 16(of 17)

Best time in the category: 35:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	13:23	5:21	16	4:57	80	5:22	2.50	13:23	5:21	2	3:04	41	1:22
Runde	2.50	14:02	5:36	16	5:07	78	5:48	5.00	27:25	5:29	2	5:49	41	3:37
Runde	2.50	13:59	5:35	15	4:48	77	5:36	7.50	41:24	5:31	16	11:49	39	5:53
Finish	2.50	13:42	5:28	16	4:23	77	5:50	10.00	55:06	5:30	16	19:15	78	22:36