



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Niemann, Britta

Club: Utzberg

Number: 347

Course: 10.00 km

Lange Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 48:48

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 68 (of 109)

Rank in course/Women: 7 (of 20)

Best time in course: 43:48

Rank in category: 3(of 6)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|---------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | |
| Runde | 2.50 | 12:19 | 4:55 | 3 | 0:55 | 10 | 1:36 | 2.50 | 12:19 | 4:55 | 4 | | | 7 | |
| Runde | 2.50 | 12:52 | 5:08 | 3 | 1:14 | 8 | 2:04 | 5.00 | 25:11 | 5:02 | 4 | | | 7 | |
| Runde | 2.50 | 11:50 | 4:44 | 2 | 0:06 | 3 | 0:39 | 7.50 | 37:01 | 4:56 | 4 | | | 7 | |
| Finish | 2.50 | 11:47 | 4:42 | 2 | 0:03 | 5 | 0:41 | 10.00 | 48:48 | 4:52 | 3 | 2:18 | | 7 | 5:00 |