



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Niemann, Britta

Club: Utzberg

Number: 347

Course: 10.00 km

Lange Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 48:48

Speed: 12.30 km/h

Running performance: 4:53 min/km

Rank in course/Total: 68 (of 109)

Rank in course/Women: 7 (of 20)

Best time in course: 43:48

Rank in category: 3(of 6)

Best time in the category: 46:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Runde	2.50	12:19	4:55	3	0:55	10	1:36	2.50	12:19	4:55	4			7	
Runde	2.50	12:52	5:08	3	1:14	8	2:04	5.00	25:11	5:02	4			7	
Runde	2.50	11:50	4:44	2	0:06	3	0:39	7.50	37:01	4:56	4			7	
Finish	2.50	11:47	4:42	2	0:03	5	0:41	10.00	48:48	4:52	3	2:18		7	5:00