



# 1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

## Detailed evaluation

**Wenige, Thomas**

Club: FSV 1950 Gotha e.V.

Number: 385

Course: 10.00 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 48:45

Speed: 12.31 km/h

Running performance: 4:53 min/km

Rank in course/Total: 67 (of 109)

Rank in course/Men: 60 (of 89)

Best time in course: 32:30

Rank in category: 6(of 10)

Best time in the category: 40:19

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Runde	2.50	11:49	4:43	5	2:00	55	3:48	2.50	11:49	4:43	9	2:00	32	
Runde	2.50	12:21	4:56	6	2:07	60	4:07	5.00	24:10	4:50	9	4:07	32	0:22
Runde	2.50	12:28	4:59	6	2:11	59	4:05	7.50	36:38	4:53	9	6:18	31	1:07
Finish	2.50	12:07	4:50	6	2:08	56	4:15	10.00	48:45	4:52	6	8:26	60	16:15