



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Bachmann, Thomas

Club: LG Ostsee Kühlungsborn

Number: 303

Course: 10.00 km

Lange Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 46:09

Speed: 13.00 km/h

Running performance: 4:37 min/km

Rank in course/Total: 44 (of 109)

Rank in course/Men: 43 (of 89)

Best time in course: 32:30

Rank in category: 6(of 10)

Best time in the category: 40:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Runde	2.50	12:00	4:47	7	2:02	58	3:59	2.50	12:00	4:47	9	1:54	14		
Runde	2.50	11:48	4:43	7	1:40	53	3:34	5.00	23:48	4:45	9	3:34	1	-	
Runde	2.50	11:33	4:37	6	1:11	37	3:10	7.50	35:21	4:42	9	4:45	29		
Finish	2.50	10:48	4:19	5	0:48	25	2:56	10.00	46:09	4:36	6	5:31	43	13:39	