



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Brachmanski, Hans-Peter

Club: Erfurt
Number: 310

Course: 10.00 km
Lange Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 46:22

Speed: 12.94 km/h
Running performance: 4:38 min/km

Rank in course/Total: 47 (of 109)

Rank in course/Men: 46 (of 89)

Best time in course: 32:30

Rank in category: 2(of 5)

Best time in the category: 45:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	10:39	4:15	1	-	35	2:38	2.50	10:39	4:15	4	-	29	
Runde	2.50	11:33	4:37	2	0:11	43	3:19	5.00	22:12	4:26	1	-	29	
Runde	2.50	12:03	4:49	2	0:37	50	3:40	7.50	34:15	4:33	3	0:37	28	
Finish	2.50	12:07	4:50	2	0:43	56	4:15	10.00	46:22	4:38	2	1:20	46	13:52