



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Schwarzwald, Hans

Club: KATIHAMA

Number: 369

Course: 10.00 km

Lange Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:04:57

Speed: 9.24 km/h

Running performance: 6:30 min/km

Rank in course/Total: 101 (of 109)

Rank in course/Men: 84 (of 89)

Best time in course: 32:30

Rank in category: 17(of 17)

Best time in the category: 42:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Pos Cat. | Behind Cat. | Total ranking | | |
|---------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-------------|----------------|-----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | | | Total min/km | Pos Men | Behind Men |
| Runde | 2.50 | 15:40 | 6:15 | 17 | 5:31 | 87 | 7:39 | 2.50 | 15:40 | 6:15 | 2 | 2:23 | 26 | 3:39 |
| Runde | 2.50 | 16:30 | 6:35 | 17 | 5:50 | 87 | 8:16 | 5.00 | 32:10 | 6:25 | 2 | 4:59 | 26 | 8:22 |
| Runde | 2.50 | 16:38 | 6:39 | 17 | 5:55 | 83 | 8:15 | 7.50 | 48:48 | 6:30 | 2 | 7:58 | 25 | 13:17 |
| Finish | 2.50 | 16:09 | 6:27 | 17 | 5:43 | 84 | 8:17 | 10.00 | 1:04:57 | 6:29 | 17 | 22:24 | 84 | 32:27 |