



1. Erfurter Flughafenlauf

Erfurt / 14.09.2014

Detailed evaluation

Petring, Thorsten

Club: THOHAN

Number: 349

Course: 10.00 km

Lange Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:05:59

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 104 (of 109)

Rank in course/Men: 85 (of 89)

Best time in course: 32:30

Rank in category: 10(of 10)

Best time in the category: 40:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Runde	2.50	15:39	6:15	10	5:50	86	7:38	2.50	15:39	6:15	10	5:50	25	3:38
Runde	2.50	16:30	6:35	10	6:16	87	8:16	5.00	32:09	6:25	10	12:06	25	8:21
Runde	2.50	16:45	6:42	10	6:28	85	8:22	7.50	48:54	6:31	10	18:34	24	13:23
Finish	2.50	17:05	6:49	10	7:06	85	9:13	10.00	1:05:59	6:35	10	25:40	85	33:29