



1. Erfurter Flughafenlauf  
Erfurt / 14.09.2014

Detailed evaluation

Adams, Milan

Club: Erfurt  
Number: 108

Course: 2.50 km  
Kurze Strecke

Category:  
männliche Kinder U12 (10-11 Jahre)

Total time: 12:32

Speed: 9.57 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 23 (of 30)

Rank in course/Men: 15 (of 17)

Best time in course: 7:58

Rank in category: 7(of 9)

Best time in the category: 9:30